

Mental Health Services Available across the State

Remember your local EAP providers!

In addition, these providers have agreed to be included on this list in order to serve the mental health needs of first responders. Many are trauma specialists. Your correspondence and care with them will remain completely confidential.

These providers have no direct affiliation with any department or company. They also are not directly affiliated with the head researcher.

You will need to follow-up with your health insurance regarding these services.

CENTRAL ARKANSAS	NORTHWEST ARKANSAS
<p>Bradford Health Little Rock, Arkansas Specializes in substance abuse treatment Phone: 501-725-8008 or 888-577-0012 Website: bradfordhealth.com/</p>	<p>Vitality Yoga and Wellness Bentonville, AR Jessica Fowler, APRN, PMHNP, RYT-200 Phone: 479-402-1899 Website: www.vitalityyogaandwellness.com</p>
<p>Chenal Family Therapy Little Rock, Arkansas Multiple providers available Contact: Ashley Brown, Director of Intake Phone: 501-781-2230 Website: www.chenaltherapy.com/</p>	<p>Professional Christian Counseling Russellville, Arkansas Multiple providers available Phone: 479-8587111 Email: pcc@suddenlink.net</p>
<p>Hillcrest Therapy Center Little Rock, Arkansas Kate Richards, LCSW Email: Kate@Hillcresttherapycenter.com Phone: 1-888-Therapy (1-888-843-7279) Website: www.hillcresttherapycenter.com</p>	<p>NWA Christian Counseling Springdale, Arkansas Debbie Brooks, LCSW Email: debbie@nwachristiancounseling.com Phone: 479-361-8036 Website: nwachristiancounseling.com/</p>
<p>New Beginnings Behavioral Health Little Rock, Arkansas Multiple providers available Phone: 501-663-1837 Website: www.nbbhs.org/</p>	<p>RiverStone Wellness Center Little Rock, Arkansas Beth White, LCSQ, Clinical Director Office: 501-777-3200 Website: riverstonewellnesscenter.com</p>
<p>If a student at UALR: Free Counseling Services available Phone: 501-569-3185 Website: ualr.edu/counseling/</p>	<p>Seeking Serenity Holistic Therapy Mt. Ida, Arkansas Cindy Crowson Phone: 870-557-4888</p>
<p>If a student at UAMS: Free services at Student Wellness Clinic Phone: 501-686-848 Website: studentwellness.uams.edu Phone: 479-858-7111</p>	