

## *Dates to Remember:*

- April 11  
Scholarship Day
- April 13 Sigma  
Theta Tau  
International  
Gamma Xi  
Induction  
Ceremony

*University of Arkansas for Medical Sciences – College of Nursing*

## **Induction Ceremony**

### **Sigma Theta Tau, International Gamma Xi UAMS Chapter Induction Ceremony**

April 13, 2008

2:00 p.m. to 4:00 p.m.

University of Arkansas for  
Medical Sciences

Jack Stephens Spine  
Center

Fred Smith Auditorium

Speaker:

Dr. Patricia E. Thompson



For more information contact  
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## **Scholarship Day**

**Gamma XI is excited  
about co-sponsoring  
SCHOLARSHIP DAY  
2008 (Formerly  
Research Day).**

**The theme for this  
year's event is:  
Celebrating the  
Scholarship of  
Education, Practice,  
and Scholarship**

**Date:** April 11, 2008

**Location:** Embassy  
Suites Hotel, West Little  
Rock

**Keynote speaker:** Jean  
McSweeney, PhD, RN,  
FAHA, FAAN  
Professor and Director,  
Center for Scholarship on  
Tailored Biobehavioral  
Interventions (NIH-funded  
P-20 Center in the UAMS  
College of Nursing) to  
speak on Heart Disease in

Women. Dr. McSweeney  
is a leading researcher in  
women's symptoms of  
heart disease and is  
internationally recognized  
for her contributions to the  
field of nursing and  
medical science.

This conference will  
highlight the work of  
nursing researchers in  
Central Arkansas and  
many students from both  
Graduate and  
Undergraduate Nursing

## Scholarship Day (continued)



and medical sciences. CEU's will be awarded for this day-long conference. For conference information, see the College of Nursing's website or contact: Dr. Cheryl Schmidt, (501)686-8705; or Dr. Leanne Lefler (501) 269-1939.



Dr. Jean McSweeney

## National Go RED Day

*Go Red For Women* celebrates the energy, passion and power we have as women to band together to wipe out heart disease and stroke.

Friday, February 01, was designated *National Wear Red Day* by the American Heart Association to raise awareness of the dangers of heart disease in women. The UAMS College of Nursing has banded together to spread the word. In fact, cardiovascular: leading diseases, including coronary heart disease, are the cause of death in women and claim one woman's life in the United

States every minute. Outcomes of heart attack or myocardial infarction (MI) in women are often poor because women are more likely than men (38 percent versus 25 percent) to die within one year of having an MI and approximately twice as likely as men to be disabled with heart failure after MI. This trend continues up to six years after MI, with 35 percent

of women compared with 18 percent of men experiencing another MI. Although women develop coronary heart disease approximately 10 years later than men, it is increasing in younger women, with more than 9000 women younger than age 45 having an MI each year. The Go RED for Women campaign announces good news for Women!

*The color red and the red dress now stand for the ability all women have to improve their heart health and live stronger, longer lives.*

Women achieve major improvements in health and life expectancy simply by modifying heart disease risk factors. However, many women do not take the necessary actions to modify and/or prevent

these risk factors. The major modifiable CHD risk factors are cigarette smoking, hyperlipidemia, physical inactivity, poor diet, overweight and obesity, diabetes mellitus, hypertension, and metabolic syndrome.

Much remains to be learned about screening, diagnosing, and treating women effectively, and UAMS continues to lead in the fight against women's heart disease.

For more information go to <http://www.goredforwomen.org/>

